



Nurturing our unique acorns, for the infinite possibilities of the mighty oaks they shall become.

Inspired by John 10:10, Gideon 6:11 and Corinthians 13:4

In this issue:

- ⇒ Head teacher's Blog
- ⇒ Wellbeing
- ⇒ Key Dates
- ⇒ Extract from "Thought for the Week" - a prayer
- ⇒ School Photos Reminders
- ⇒ Safeguarding
- ⇒ Awards

Head Teacher's Blog

Dear Parents and Carers

This week we have taken the time to remind the pupils about our golden rules. They have had time to concentrate on the rainbow rules and to get used to new and different expectations to keep them safe. Now we need to remind our whole community of our rules and our ethos and values at the heart of our school. The five golden rules that, in summary, include:

Being kind and polite, playing and moving gently and safely, valuing difference, caring about and looking after everyone and everything in our school and trying our best.

We also talked about the awards, house points and our systems for showing them how proud we are when they are kind or really put effort into their learning. In addition, we reminded them we are a telling school, and to use our 'Stop, I don't like it rule.' Please work in partnership with us and talk about these in the home and what they mean to you and the pupils.

In this uncertain time, we want school to quickly become a positive haven for them.

I know it continues to be a rollercoaster of emotion for you all; as you respond to a year group closing in one school, or a bus bubble group isolating or simply the news. In this challenging time, our values that keep us grounded and together are vital. Thank you for supporting us and supporting all our children by spending time to go through this with them. With boundaries children feel safe and when they feel safe they can have fun and begin to learn again.

Thank you for supporting us raising awareness of mental health and wellbeing by wearing yellow. In these times this is so important.

Have a safe and happy weekend.

Naomi

*Our school is about kindness, caring for others, ourselves, and our world.
Our school values our faith, our location, our community and most of all each other.
We aim to instill a life long love of learning.*

Wellbeing

10 ways to look after your mental health



Talk about your feelings



Keep active



Eat well



Drink sensibly



Keep in touch



Ask for help



Take a break



Care for others



Do something you're good at



Accept who you are

YOUNGMINDS is a charity whose mission is to make sure all young people get the best possible mental health support and have the resilience to overcome life's challenges. Looking after our wellbeing has never been more important and too many young people still feel ashamed to open up about how they're feeling. The more people who show they care, the more comfortable young people will feel about talking to someone if they're struggling. The Young Minds website contains some really clear guidance for parents and advice about where to find support:

<https://youngminds.org.uk/>

Saturday 10th Oct is World Mental Health Day

"It's hard to be a friend to someone who's depressed but it's one of the kindest, noblest and best things you will ever do."

Stephen Fry



Nurturing our unique acorns, for the infinite possibilities of the mighty oaks they shall become.

Inspired by John 10:10, Gideon 6:11 and Corinthians 13:4



Key Dates

- ⇒ Tuesday 20th October 5.00—7.30—Parents' Evening (details to follow)
- ⇒ Friday 23rd October—Super hero dress up day
- ⇒ Friday 23rd October—last day of half term
- ⇒ Monday 2nd November—INSET day—school closed
- ⇒ Wednesday 11th November am—Remembrance Day
- ⇒ Friday 13th November—Children in Need
- ⇒ Thursday 26th November—Whole school flu vaccinations
- ⇒ Friday 18th December—last day of the Autumn Term

COMMUNITY BULLETIN

Don't forget to read our separate Community Bulletin for information about what's on in the local area

Extract from "Thought for the Week"

Ed Gregory—Director of Education, Diocese of Bath and Wells

Dear God

Thank you that every day is an opportunity to lead – myself or others
 Thank you that every day is a day to be led – by myself, by others
 Help me to use every day with wisdom, to make good choices
 Help me to use every day to grow in hope, to share hope
 Help me to use every day to reflect dignity, to show respect
 Help me to use every day to build community, for good
 Help me to be a good leader, every day
 Amen

TO KEEP ON PROTECTING EACH OTHER



HANDS



FACE



SPACE



SCHOOL PHOTOGRAPH ORDERS REMINDER

The deadline for submitting your online orders for school photographs is this Sunday 11th October. Your photographs will be delivered free to school.

After this time, you can still order but you will be charged for delivery.

Safeguarding - Parental Controls

Many families use Netflix as one of their main sources of viewing, with adults and children enjoying the choices available and being able to watch what you want, when you want.

For parents and carers, it's vital to supervise what our children are watching and use the settings available to reduce the risk of them coming across inappropriate or upsetting content.

Netflix has its own guide to using Parental Controls:

<https://help.netflix.com/en/node/264>



Star of the Week is Edward, who has really impressed Mr Deeks this week with his perseverance and resilient attitude towards his maths work. Well done!

Class 1—For kindness this week, Mr Deeks has chosen Max for looking after Jack when he fell over in the playground. This week's Achievement Award goes to Tabitha, for her wonderful story that Mr Deeks read to the class.

Class 2—This week's Achievement Award goes to Connor for some great writing. Joby gets the kindness award this week for being kind to other children in the playground.

Wellbeing theme: Belonging
 SEAL Theme: New Beginnings
 RE theme: Thankfulness



Would you like your child to learning French or Spanish? See today's Community Bulletin for lessons that are available locally.

GROWTH MINDSET WEEKLY

**"It's not about what it is, it's about what it can become."
Dr Seuss**