



*Nurturing our unique acorns, for the infinite possibilities of the mighty oaks they shall become.*

*Inspired by John 10:10, Gideon 6:11 and Corinthians 13:4*

## In this issue:

- ⇒ Head teacher's Blog
- ⇒ Wellbeing
- ⇒ Key Dates
- ⇒ Covid-19 Update
- ⇒ Reminder— Parents' Evening
- ⇒ Flu Immunisation Consent Reminder
- ⇒ Safeguarding
- ⇒ Awards

## Head Teacher's Blog

Dear Parents and Carers

We would like to draw your attention to this online resource. Rob is an inspirational leader of Collective Worship and is the Rural Affairs advisor for the Diocese. Here is the link for his Collective Worship on Harvest: <https://www.bathandwells.org.uk/supporting-children/school-effectiveness/re-collective-worship-and-spirituality/collective-worship/collective-worship-video-resources/>

Next week we have parents evenings, these look very different this academic year, we are running a phonecall system. Please book via parentmail.

Our curriculum maps and information will be on the website for your perusal as of next week, this will include information on our 'blended' offer and our wellbeing and emotional health activity. A 'blended' offer simply refers to how we are managing some students having to isolate and or a possible partial or full closure due to a lockdown situation or otherwise. It refers to how we are approaching online education and opportunities alongside traditional teaching. This includes our activity in getting set up with Google classrooms, Class Dojo, TT Rockstars and other online and internet accessible teaching. During lockdown we used our website, we will also continue to use these class pages as a point for teaching materials and videos clips. More information will be shared next week prior to the half term. Thank you to all those parents who have been guinea pigs for us testing the systems!

Have a safe and happy weekend. Mrs Naomi Philp

*Our school is about kindness, caring for others, ourselves, and our world.  
Our school values our faith, our location, our community and most of all each other.  
We aim to instill a life long love of learning.*



By Kelly Twiss from "Mindful Mayhem"

We have been enjoying our lovely circle time in our mindful groups each Thursday afternoon, we enjoy a bit of Mayhem to begin with which involves some stretching and movement activities, this is usually a bit silly so we all have a good belly laugh, which as we know has physical, mental and social benefits.

We have a good endorphin release (our body's natural feel-good hormone) this in turn improves our heart and blood vessel function, mentally we feel less anxious and more resilient to life's stressors! (We all need a bit of that right now!)

Then we get into our lovely calm corner, cosy cushions, lovely essential oils defusing, and we share a story meditation and talk about our feelings and emotions and things that may be bothering us or things we are grateful for. Over the weeks, from all the different groups, the children have shared some of their own ideas about what they love receiving the most from their parents and carers:

- 1, To be tucked in and sung to and share stories of when you were little.
- 2, Receiving hugs and kisses and having private chats without having brothers or sisters there to interrupt.
- 3, Talking at dinner about what you may do together at the weekend
- 4, Being able to play outside, even in the rain or cold
- 5, Cuddle together under a blanket and watch a film with no one looking at their phones
- 6, Leaving them special messages, in their lunch boxes or on their beds
- 7, Talking to them at their level in a calm voice rather than shouting at them if they do something wrong.
- 8, Playing a board game together or making food together!

## Welcome in the Autumn with some selfcare



Autumn is a great time to spend with the people we love, sharing a hot chocolate after a lovely nature walk through the woods, kicking the leaves around and enjoying all the wonderful colours that this season brings.

- Enjoying our warm cosy socks and getting into our PJs nice and early
- Helping to make a warming soup or stew
- Trying out a new hobby, slowing down and savouring a moment of reading, cuddled up on the sofa together.
- Decorating pumpkins or making pumpkin bread.
- Warming up in a bubbly bath listening to your favourite music.





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## Key Dates

- ⇒ Monday 19th October 4.30—6.00—Parents' Evening
- ⇒ Tuesday 20th October 5.00—7.00—Parents' Evening
- ⇒ Friday 23rd October—Super hero dress up day
- ⇒ Friday 23rd October—last day of half term
- ⇒ Monday 2nd November—INSET day—school closed
- ⇒ Wednesday 11th November am—Remembrance Day
- ⇒ Friday 13th November—Children in Need
- ⇒ Thursday 26th November—Whole school flu vaccinations

**COMMUNITY BULLETIN**

Don't forget to read our separate Community Bulletin for information about what's on in the local area



**REMINDER—Parents Evenings**  
19th & 20th Oct

This term, parent—teacher meetings will be by telephone. Please remember to book your time slot on the Parent-Mail booking system, which will remain open until 4.00 pm on Sun 18th Oct.

**Covid-19 Update**

As infection rates continue to rise across the whole country, help stop the spread of the virus in West Somerset by remaining vigilant and continuing to follow social distancing and hygiene advice. A poster reminding us of the current advice is attached with this newsletter.

**TO KEEP ON PROTECTING EACH OTHER**



**HANDS**



**FACE**



**SPACE**



**Somerset SAINT**  
School Aged Immunisation Nursing Team

**FLU IMMUNISATIONS REMINDER**

Please remember to **give or refuse** consent for your child to be given the flu immunisation in school. You can do this online here:

<https://saint.sompar.nhs.uk/flu/2020/west>

SAINT will be in school on Thursday 26th

**Safeguarding**

**Absence Reporting**—please can we remind you about the importance of letting us know as soon as possible if your child is going to be absent from school. You can do this by calling, emailing or via the ParentMail absence reporting tool. If we don't hear from you, it is our safeguarding duty to carry out a home visit to make sure everybody is safe and well.

**Stop it Now!** Is a child protection charity, which has just launched its new helpline: [Confidential Helpline: 0808 1000 900](https://www.stopitnow.org.uk/concerned-about-a-child-or-young-persons-sexual-behaviour/preventing-harmful-sexual-behaviour/)

They have also produced a toolkit for parents and professionals and their website has some good links and resources:

<https://www.stopitnow.org.uk/concerned-about-a-child-or-young-persons-sexual-behaviour/preventing-harmful-sexual-behaviour/>



**Star of the Week** is Sam, who has impressed Miss Sparks this week with some great work and a fantastic attitude towards his learning.

**Class 1**—For kindness this week, Mr Deeks has chosen Archie for his consideration towards others. This week's Achievement Award goes to Hermione, for hard work and resilience in maths.

**Class 2**—This week's Achievement Award goes to Connor for his hard work at home with his maths. Harry gets the kindness award this week for being a supportive friend.



Wellbeing theme: Belonging  
SEAL Theme: New Beginnings  
RE theme: Thankfulness



**Would you like your child to learning French or Spanish? See today's Community Bulletin for lessons that are available locally.**

**GROWTH MINDSET WEEKLY**  
"He who dares, wins."  
Del Boy