



TIMBERSCOMBE C OF E FIRST SCHOOL

Nurturing our unique acorns, for the infinite possibilities of the mighty oaks they shall become.

Inspired by John 10:10, Gideon 6:11 and Corinthians 13:4



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Head Teacher's Blog

Dear Parents and Carers

You will be pleased to know our ducklings have headed off to a nice farm with the hatching company we use. Well done to class 2 for their nurturing skills!

The student parliament met again this week and have begun an e-safety review. We are hoping to be ready, next year, to apply for an award in this area. We have our new teepee up and in use in our new sensory and wellbeing space, and our library looks amazing with our new tree mural on the wall forming a prayer tree space for the children to reflect. Lynne and Jess were back in this week for lunchtime Church and will be delivering Collective Worships weekly; and our visits to our Church now happen on Tuesday mornings, which we are enjoying as a time to reflect, pray and to sing. Even Little Oaks are joining us and we are all learning actions, including some sign language too.

Next week it is Asthma Awareness Day and Anaphylaxis Awareness Week, so we will do some age appropriate aspects around those with the children. We will also be doing activities for VE day on Friday. On another matter, we are very grateful for our new liaisons with our farming community and have a link person who has begun to help us get connected for 'eat local' so watch for news on this too. A local artist is helping us sketch out our community allotment project and Judith has been amazing with her challenge! Wow so much support and so busy too!

Have a lovely bank holiday weekend, Mrs Naomi Philp

Our school is about kindness, caring for others, ourselves, and our world.

Our school values our faith, our location, our community and most of all each other.

We aim to instill a life long love of learning.

SPONSORED LEG LIFT

Judith Edwards-Heathcote is doing her sponsored leg lift this week to raise money to help us develop our outdoor area. If



you would like to support Judith (and us!) by sponsoring her, you can do so via the school—just call or email the office.

Judith's carers are hoping to bring her to school next Tuesday morning for a socially distanced handover of her sponsor money. We are looking forward to meeting Judith and thanking her in person.

Little Oaks News

We have continued on our topic of 'new life' this week. Our ducklings have really added to the children's understanding through this first hand experience. They have witnessed the growth and development of the ducklings and have learnt about how to care for them too!

Just a reminder; our lovely new uniform is available to purchase via our website:

<https://www.pbuniform-online.co.uk/schools/timberscombe-ce-first-school.html>



Little Oaks Sweatshirt

From £10.25

[BUY NOW](#)



Little Oaks Polo Shirt

From £9.00

[BUY NOW](#)



Little Oaks Showerproof Jacket

From £17.00

[BUY NOW](#)

ECO NEWS

The link below is a survey from The University of the West of England regarding air pollution at schools. The data collected from this survey will inform the development of strategies to reduce child exposure to harmful air pollution. The questionnaire is entirely anonymous, and no personal or identifiable information will be requested or recorded at any point.

The link below will take you to the questionnaire, which should take no more than a few minutes to complete:

UWE Bristol University of the West of England

https://uwe.eu.qualtrics.com/jfe/form/SV_9ZD2i6fXjKPNCFD

Key Dates—some dates are subject to the government road map unfolding as planned

03.05.21—May Day Bank Holiday
 06.05.21—Local Elections (does not affect school)
 10.05.21—4.15pm Pinkery Parents Meeting (online)
 17.05.21—Road Map Step 3
 26.05.21—Whole School and Leavers Photographs
 28.05.21—last day of half term
 07.06.21—Inset Day
 16.06.21-18.06.21—Y4 Pinkery Residential
 21.06.21—Road Map Step 4
 07.07.21—Move Up Day
 23.07.21—Last day of term
 02.09.21 & 03.09.21—Inset Days
 06.09.21—Back to school 2021-2022

World Asthma Day—5th May 2021



Raising awareness of asthma is a cause very close to our hearts in the Moorland Federation.

Follow the link below for easy to follow videos and resources that will help children and young people learn how to help someone who is having an asthma attack:

<https://bit.ly/3u008SR>



An Extract from Thought for the Week

Ed Gregory, Director Education, Diocese of Bath and Wells

Your acts of kindness and care speak louder than your words and may be remembered for longer too!

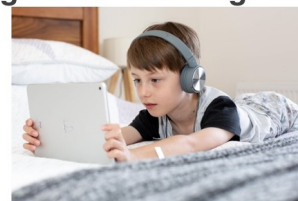
Jesus said "Love the Lord your God with all your heart and with all your mind and with all your strength and love your neighbour as yourself. There is no other commandment greater than these."

Safeguarding

Absence Reporting:

Please can we remind you about the importance of letting us know as soon as possible if your child is going to be absent from school. You can do this by calling, emailing or via the ParentMail absence reporting tool. If we don't hear from you, it is our safeguarding duty to carry out a home visit to make sure everybody is safe and well.

Parent's guide to watching videos online



Watching videos is one of the most popular ways for children to use technology. As with all online activity, this comes with potential risks as well as the benefits. ThinkUKnow have put together a useful parents' guide to how to talk to your child about inappropriate content and keeping safe when watching videos.

Their four tips are:

1. Talk to your child about what videos they like to watch online (and watch some together)
2. Look up the age ratings and the minimum age of use for the apps, sites and games your child uses
3. Set up parental controls and filters
4. Use Thinkuknow resources to help you help your child stay safe online

For more detail about these tips, read the full guide at:

<https://www.thinkuknow.co.uk/parents/articles/parents-guide-to-watching-videos-online/>

DO YOUR
LITTLE BIT OF GOOD
WHERE YOU ARE. IT'S THOSE
LITTLE BITS OF GOOD
PUT TOGETHER THAT
OVERWHELM THE WORLD.
- DESMOND TUTU



Our Star of the week is Noah for his excellent Class 1 painting and growth mindset in maths

Class 1 Archie gets the Class 1 Achievement Award this week for his hard work and growth mindset in maths. The Kindness Award goes to Josie for supporting others in the playground and her willingness to help with classroom jobs.

Class 2 Miss Sparks has nominated Sam for a Kindness Award for offering to help others. Stanley has done some excellent work in fractions this week and has earned himself an Achievement Award.

Growth Mindset Weekly

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time"
Thomas Edison

Wellbeing



By Kelly Twiss

Tune in to your senses!



Paying attention to our senses, is the easiest way to practise Mindfulness, if we are in tune with our senses then we are in the present moment

When we tune in to our senses, we can give our busy and sometimes very noisy brain a break.

Your brain will only focus on what you are experiencing with your senses instead of the to do lists or any worries you may be mulling over.



Do not worry about your future. Just do the present really well. Your future will then blossom!

Even a short break from the mental chatter can give your brain a much needed rest and a boost!

It's really hard to be frustrated and anxious when you are completely focused on your senses, because you are fully engaged in the present instead of worrying about the future or caught up in any past regrets.

Here is a short and simple sensory awareness activity which we do in our Mindful Mayhem sessions and is great fun to do together.

It's good for us grown-ups too! It can help to take children's minds off of waiting, reduce anxiety before a test or an appointment they may be worried about, teaches focusing skills, is calming and most importantly this activity helps children to learn that paying attention to their senses, helps them to relax.

To begin, take a few slow breaths together with your child and then ask them the following,

- 1, what 3 things they can hear?*
- 2, what 3 things can they see?*
- 3, what 3 things can they feel?*



They may have heard a plane or bird's song. They may see a painting or a car and can feel the grass they are sitting on or the hard surface of a chair.

Ask them how this activity made them feel, and how it might help them to do this activity when they are feeling worried or bored. There are lots of ways to adapt this by asking them to point to colours or objects of a certain shape.