

TIMBERSCOMBE C OF E FIRST SCHOOL



Nurturing our unique acorns, for the infinite possibilities of the mighty oaks they shall become.

Inspired by John 10:10, Gideon 6:11 and Corinthians 13:4

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Head Teacher's Blog

Dear Parents and Carers

We have had a busy week this week, with Anti-Bullying focused activities as part of Anti Bullying week 2021. We also had our Telling School assembly. Please talk to the children about our 'Stop, I don't like it' rule. Which is a way for the children to be assertive in keeping themselves safe and communicating clearly

Please ask the pupils about how they would help tell a friend to stop something and why it is important to, not only their own wellbeing, but also by 'telling' they are helping others to get things right. Ask them about what to do if someone doesn't stop when they ask them too, and reinforce 'telling' a safe adult is the right thing to do.

Thank you for all your donations for Children in Need today. The children had a really good chat this week about children in need and what that meant and who we might be helping by donating and supporting the cause. Such a thoughtful group of caring children, I was so proud of them talking about young carers and other aspects of children in need.

Our Heads of School adverts have gone out this week as well, so things are moving for the federation and I will have written to you about that separately. Just to reiterate if you have any worries or questions please do not hesitate to contact me.

Take care and have a lovely weekend, Mrs Naomi Philp

Our school is about kindness, caring for others, ourselves, and our world.

Our school values our faith, our location, our community and most of all each other.

We aim to instill a life long love of learning.

Little Oaks News

This week we have been learning about the emergency services; what they do and the equipment and vehicles they use. The children enjoyed a visit from our PCSO who read them a story about a lost teddy and how the police helped him to be found.



We also had a lovely outdoor learning session on Monday afternoon where the children really enjoyed climbing, balancing and testing out their skills in the play park.

Next week we continue our theme of People Who Help Us, by finding out about the RNLI and coast guard, the postal service and vets.



Trip to North Hill 12th November



Class 2 had a great trip looking at the impact WW2 had on our local area.





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Key Dates:

- 25.11.21 FOTS Meeting
- 10.12.21 Decoration Day
(Christmas jumper optional)
- 14.12.21 Nativity (Times TBC)
- 15.12.21 Christmas Dinner, Party and
'Special Visitor' (Party clothes!)
- 17.12.21 Christingle service
9.15 - (Parents attending TBC)

An Extract from Thought for the Week

Ed Gregory

Director of Education, Diocese of Bath and Wells

The book of Ecclesiastes in the Bible reminds us how important teamwork is: 'Two are better off than one, because together they can work more effectively. If one of them falls down, the other can help him up. But if someone is alone and falls, it's just too bad, because there is no one to help him. If it is cold, two can sleep together and stay warm, but how can you keep warm by yourself? Two people can resist an attack that would defeat one person alone. A rope made of three cords is hard to break.'

Teamwork is not just about being prepared to offer support, it is also being prepared to receive support. If we just give out support, we simply add to our busyness, if we only receive support we add to the busyness of others. If we offer and also accept support, we can create a culture of mutual care and well being that will benefit the



This week, we would like to formally introduce you to Mrs Arch, who has been appointed to the role of Administration Assistant and is currently working alongside Helen, learning the ropes in the office. Many of you will already have met Rosy, if you haven't, feel free to pop to the window and say hello.



Rosy is already part of the Moorland Federation Community as a parent at Cutcombe and we are very pleased to welcome her to the Timberscombe team.

Safeguarding

DIAL 101
TO CONTACT THE POLICE

In an emergency always call 999

NSPCC
HELPLINE
0808 800 5000
help@nspcc.org.uk

ChildLine
0800 1111



Somerset Direct: for Children's Social Care

0300 123 2224

Local Authority Designated Officer (LADO/DO):

Mr Anthony Goble



Star of the Week is Teddy, for always doing his best.

Class 1 An Achievement Award this week goes to Victoria for excellent reading this week; the Kindness Award goes to Emme for helping her friends fasten their coats.

Class 2 An Achievement Award this week goes to Louisa for her good progress in reading; the Kindness Award for Oscar for welcoming our new pupil so thoughtfully.

By Kelly Twiss

Awareness – Worries



We decided as a group we would collectively add all our worries to a balloon, which I blew up on the children's behalf. Once the balloon was full of worries, we let it go flying around the hall! Who knew worries sounded like that when they are let out?

This created lots of laughter and the children were fantastic at sharing their worries, no matter how big or small they are, they showed an incredible amount of empathy for each other's worries. This is such a positive and practical way of getting our worries or anxieties out in the open. If we allow our worries to grow too big, we can really suffer overwhelming discomfort. Showing the children, a fun way to manage worries quickly and mindfully like this, adds to their wellbeing toolbox and makes for a much happier child!

Acknowledge in front of your child when you may be feeling a little anxious or worried and what you will do to calm and solve the situation. To model this way of coping is very empowering as long as you don't overshare!

This term, in our Mindful Mayhem groups in school and after school, the children and I have been navigating ways of dealing with our worries.

We agree that it's much easier to deal with a worry as soon as they arrive in our bodies, and we enjoyed drawing our worries and catching them in a net!!

More Tips To help your child with Worries and Anxiety

Deep, slow belly breathing, this is a portable and easy skill for self-soothing, they can pop their Encourage favourite teddy onto their tummy for added fun! Take them for a deep breathing ride.

Respect and validate your child's feelings, anxiety is not pleasant and it is a very real emotion.

Ask your child to describe or draw their feeling, this will help to reveal scary thoughts and scenes that they may have built up in their minds.

Ask them to tell you what would they think could be done to manage this worry, rather than giving your child solutions right away. Helping them to brainstorm ideas is very empowering for them.

Work with your child to outline some small steps to manage the worry, leading to a bigger goal.

Create opportunities for your child to practice being brave and then praise their efforts.

Somerset School Terms and Holidays – WSEP/ Moorland/ KT 2021/2022 Academic Year

WWW.SOMERSET.GOV.UK



September 2021					October 2021					November 2021								
M		6	13	20	27	M		4	11	18	25	M		1	8	15	22	29
Tu		7	14	21	28	Tu		5	12	19	26	Tu		2	9	16	23	30
W	1	8	15	22	29	W		6	13	20	27	W		3	10	17	24	
Th	2	9	16	23	30	Th		7	14	21	28	Th		4	11	18	25	
F	3	10	17	24	F	1	8	15	22	29	F		5	12	19	26		
Sa	4	11	18	25	Sa	2	9	16	23	30	Sa		6	13	20	27		
Su	5	12	19	26	Su	3	10	17	24	31	Su		7	14	21	28		
December 2021					January 2022					February 2022								
M		6	13	20	27	M	3	10	17	24	31	M		7	14	21	28	
Tu		7	14	21	28	Tu		4	11	18	25	Tu		1	8	15	22	
W	1	8	15	22	29	W		5	12	19	26	W		2	9	16	23	
Th	2	9	16	23	30	Th		6	13	20	27	Th		3	10	17	24	
F	3	10	17	24	31	F		7	14	21	28	F		4	11	18	25	
Sa	4	11	18	25	Sa	1	8	15	22	29	Sa		5	12	19	26		
Su	5	12	19	26	Su	2	9	16	23	30	Su		6	13	20	27		
March 2022					April 2022					May 2022								
M		7	14	21	28	M		4	11	18	25	M	2	9	16	23	30	
Tu	1	8	15	22	29	Tu		5	12	19	26	Tu		3	10	17	24	31
W	2	9	16	23	30	W		6	13	20	27	W		4	11	18	25	
Th	3	10	17	24	31	Th		7	14	21	28	Th		5	12	19	26	
F	4	11	18	25	F	1	8	15	22	29	F		6	13	20	27		
Sa	5	12	19	26	Sa	2	9	16	23	30	Sa		7	14	21	28		
Su	6	13	20	27	Su	3	10	17	24	Su	1	8	15	22	29			
June 2022					July 2022					August 2022								
M		6	13	20	27	M		4	11	18	25	M	1	8	15	22	29	
Tu		7	14	21	28	Tu		5	12	19	26	Tu	2	9	16	23	30	
W	1	8	15	22	29	W		6	13	20	27	W	3	10	17	24	31	
Th	2	9	16	23	30	Th		7	14	21	28	Th	4	11	18	25		
F	3	10	17	24	F	1	8	15	22	29	F	5	12	19	26			
Sa	4	11	18	25	Sa	2	9	16	23	30	Sa	6	13	20	27			
Su	5	12	19	26	Su	3	10	17	24	31	Su	7	14	21	28			

Key:

	School Holiday
	Bank Holiday
	Term Time
	Inset Day

Term dates summary:

Term 1: 06 September – 22 October 2021 (35 days)
 Term 2: 01 November – 17 December 2021 (35 days)
 Term 3: 04 January – 18 February 2022 (34 days)
 Term 4: 28 February – 08 April 2022 (30 days)
 Term 5: 25 April – 27 May 2022 (24 days)
 Term 6: 06 June – 26 July 2022 (37 days)

TOTAL = 195

Bank and public holidays 2021/22 – Revised to include the Queen’s Platinum Jubilee

Christmas Day Bank Holiday	27 December 2021*	Easter Monday	18 April 2022
Boxing Day Bank Holiday	28 December 2021*	Early May Day Bank Holiday	02 May 2022
New Year’s Day Holiday	03 January 2022*	Spring Bank Holiday	02 June 2022
Good Friday	15 April 2022	Platinum Jubilee	03 June 2022
		Summer Bank Holiday	29 August 2022

*Replacement Bank Holiday day when the bank holiday falls on a weekend
 Academy, Free Schools, Foundation & Voluntary Aided schools can set their own term dates and may differ from ours. Please check with individual schools for their term dates